



Yngling Women European Championship
30 March – 5 April 2008
Blanes – Spain

Sailing Instructions

Organizing Authority

The Organizing Authority is the Club Vela Blanes and the RFEV in co-operation with the FCV and the International Yngling Association (IYA) www.yngling.org

1. Rules and format

- 1.1 The European Championship will be governed by the rules as defined in the Notice of Race.
- 1.2 The prescriptions of the Real Federación Española de Vela will not apply.
- 1.3 For the Medal Race, the sailing instructions of ISAF Addendum Q take precedence over any conflicting instructions.
- 1.4 The regatta will consist of an opening series a Final Race, and a Medal Race. The top ten ranked teams of the opening series will be assigned to the Medal Race and the others to the Final Race. (This amends the NoR).

2. Notices to Competitors

Notices to Competitors will be posted on the official notice board located next to the Race Office.

3. Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted before 10:00 hrs on the day it will be taking effect, except that any change to the schedule of races will be posted by 20:00 hrs on the day before it will take effect.

4. Signals Made Ashore

4.1 Signals made ashore will be displayed at the official flag pole located next to the Club Vela Blanes social building.

4.2 In addition to the signals described on the RRS, the next signals mean:

- | | |
|-----------|---|
| AP flag: | Races are postponed. The warning signal will not be given before 30 minutes this signal has been lowered. |
| Red Flag: | Due to safety reasons, while this signal is displayed BOATS SHALL NOT GO AFLOAT under any circumstances, and shall keep moored at the places assigned by the organization. The infringement of this SI could be penalized according to the Spanish law. |
| Flag "D" | With one sound signal means: "The first warning signal will be made shortly, but not less than 30 minutes after this flag is hoisted". |

5. Schedule of Races

DATE	TIME	ACTION
Sunday, 30 th March	10.00 hrs to 18.00 hrs	Measurement and Registration
Monday, 31 st March	10.00 hrs to 17:00 hrs 13:00 hrs	Measurement and Registration Training race
Tuesday, 1 st April	11.00 hrs	First warning signal
Wednesday, 2 nd April	11.00 hrs	First warning signal
Thursday, 3 rd April	11.00 hrs	First warning signal
Friday, 4 th April	11.00 hrs	First warning signal
Saturday, 5 th April	11.00 hrs After races	Medal Race (1 st to 10 th) + Final race (11 th to last) Prize giving Ceremony

- 5.1** 10 races are scheduled in the opening series. No more than 3 races will be sailed per day. On the last day 1 Final race and 1 Medal race are scheduled. (This amends the NoR).
- 5.2** When more than one race will be held on the same day, the warning signal for a subsequent race will be made as soon as practicable. To alert boats that another race will be beginning soon, the postponement signal AP will be displayed, on the Race Committee boat, for at least four minutes before a warning signal is displayed.
- 5.3** The weighting procedure in accordance to class rule C.2.2 will take place every morning between **08:30 h and 10:00 h**. The total weight of the mandatory three woman crew (in at least swimwear, and weighed individually) shall not exceed 205,00 kg prior to racing each day of a event. Crew substitutions for the purpose of complying with the weight limits are not allowed. Crews failing to comply with the weight limit shall not race in any races sailed that day.

6. Class Flag and other identifications

The class flag will be a Yngling logo over white background.

All boats shall display two stickers with the regatta logo. These stickers will be provided by the Race Office and must be fixed to the hull on each side of the bow. In case of loss during a Race, more stickers will be available at Race Office. Breaches of this instruction will not be grounds for a protest by a boat. This changes RRS rule 60.1(a).

7. Racing Area

Racing area will be located in front of Blanes harbour.

8. The Course

- 8.1** The Attachment 1 shows the course, the order in which the marks are to be passed and the side on which each mark is to be left.
- 8.2** No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.
- 8.3** To change the position of the next mark, the race committee will lay a new mark (or finishing line) in a new position. The change will be signalled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark can be repositioned without making any signals to maintain the original course configuration. When in a subsequent change a mark is changed, this will be replaced by an original mark. Except at a gate, boats will sail between the Race Committee boat signalling the change of course and the nearest mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1
- In case of a new windward mark, this will not have the corresponding off-set mark.
- 8.5** Marks features are described in Attachment 1.

9. The start

- 9.1** The starting line will be between a red pole with an orange flag on the starting vessel and a buoy with an orange flag at the port side of the starting line.
- 9.2** A boat starting later than 4 minutes after their starting signal will be scored as "Did not start".
- 9.3** Boats that had infringed rules 30.1 or 30.3 will be noticed near mark 1 by being signaled with an "X" flag.

10. The Finish

- 10.1** The finishing line will be between a pole with a blue flag on the finishing vessel and a buoy with an orange flag at the starboard side of the finishing line.

11. Penalty System

- 11.1** Appendix P shall apply, except that app. P2.2 and P2.3 will not apply.
11.2 A boat that has taken a penalty or retired under rule 31.2 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.

12. Time Limit

- 12.1** The time limit for the first mark shall be 30 minutes after the valid starting signal. If no boat has passed Mark 1 within time limit the race will be abandoned.
12.2 The target time of races will be 75 minutes. Failure to achieving target time will not be a ground for redress.
12.3 The time limit for the first boat to finish shall be 140 minutes after the starting signal.
12.4 Boats failing to finish within 20 minutes after the first boat finishes will be scored Did Not Finish (DNF). This changes rules 35 and A4.1
12.5 The target time for the Final Race and Medal Race is 30 minutes and the time limit 60 minutes.

13. Protests and Request for Redress

- 13.1** After finishing, a boat intending to protest because of an incident in the racing area shall promptly inform the Race Committee Boat. This amends rule 61.
13.2 Protest forms are available at the Race Office. Protest shall be delivered there within the protest time limit.
13.3 The protest time limit is 90 minutes after the last boat has finished the last race of the day. This time will be published on the Official Notice Board.
13.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury office.
13.5 Notices of protest by the Race Committee or jury will be posted to inform boats under rule 61.1(b)
13.6 For the purpose of rule 64.3(b) the "authority responsible" is the measurer appointed by the organizing authority.
13.7 Breaches of Instructions 5.3, 15, 16, 18 and 20 will not be ground for a protest from a boat (this change rules 60.1(a)), and penalties for breaches of these Instructions are at the discretion of the Jury, and maybe less than disqualification, or may result in a heavier penalty.
13.8 On the last day of the regatta a request of reopening hearing shall be delivered (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day; (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This amends rule 66.
13.9 Decisions of the International Jury will be final as provided in rule 70.4

14. Scoring

- 14.1** The Low Point Scoring System of Appendix A will apply. The worst score will be discarded if five or more races are sailed.
14.2 For the Final Race and Medal Race rule A4.1 is changed so that the points are doubled. Rule A4.2 is changed so that the scores are based on the number of boats assigned to compete in the race.
14.3 Four races are required to be completed to constitute an opening series. If four races are not completed as scheduled, the opening series will be extended to complete them.
14.4 The ten boats ranked highest in the opening series will be assigned to compete in the medal race. The other boats, ranked from 11th position, will be assigned to compete in the Final Race. (This amends the NoR)
14.5 The ten boats assigned to compete in the medal race will be ranked highest in the regatta.
14.6 A boat assigned to compete in the medal race shall make a genuine effort to start, sail the course and finish. A breach of this paragraph will not be a reason for a protest by another boat. This change rule 60.1(a). The penalty for this breach will be ranking the boat tenth in the regatta. If there are two such boats, they will be ranked ninth and tenth, in order of there opening series ranks, etc.

15. Safety Regulations / Support Boats

- 15.1** The use of all vessels used as support and coaching boats will be strictly controlled. Team leaders and coaches shall register at the Regatta Office. Only accredited coaches

will be allowed to go afloat. Support and coach boats are required to register at the Race Office. All support and coach boats will be required to display an identification flag bearing the three letter code of the competitor's nation they are supporting or their country flag.

15.2 There shall not be any communication between the competitors from the warning signal until the competitor finishes or retires from the race. A competitor shall neither make radio transmissions with afloat nor receive communications. This restriction includes mobile phones.

15.3 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparation signal until all boats have finished or the Race Committee signals a postponement, general recall or abandonment. They shall never be closer than 100 meters from any boat racing. The penalty for failing to comply with this requirement may be the disqualification of all boats associated with the support personnel who do so. These disciplinary actions shall not apply to a coaching or support boat acting as a rescue boat under the control of the Race Committee.

16. Replacement of Crew or Equipment

16.1 Substitution of competitors will not be allowed without written approval of the International Jury.

16.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

17. Equipment and Measurement Checks

All boats shall undergo measurement of hulls, spars and sails as well as equipment checks according to the rules of the International Yngling Class as decided by the Chief Measurer.

Only measured equipment may be used for the Championship. Each participating boat shall have a valid Measurement Certificate, which shall be available for the duration of the championship.

Details on the measurement procedure will be provided at the Race Office during the enrolment process. The prescribed measurement check shall be complete no later than 17:00 h March 31 2008.

After races, a boat can be instructed by a Race Committee Measurer to proceed immediately to a designated area for inspection.

There will be no fundamental measurements at the regatta.

18. Haul-out Restrictions

18.1 All boats participating shall be afloat by Tuesday, April 1st 09:00 hrs and shall not be hauled out until the end of the competition unless permission to haul out was granted by the International Jury or Race Committee. This permission will only be granted in the event of damage.

18.2 When not sailing all boats shall be moored in the Harbour of the Club Vela Blanes on designated places.

19. Diving Equipment and Plastic Pools

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the starting signal of the first race and the end of the regatta.

20. Radio Communications

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

21. Prizes.

21.1 The helmswoman and crew of the winning boat will be the Women's European Championship in 2008 and will receive the Women's European Trophy and official IYA medals.

21.2 Additional prizes will be awarded to the top three teams.

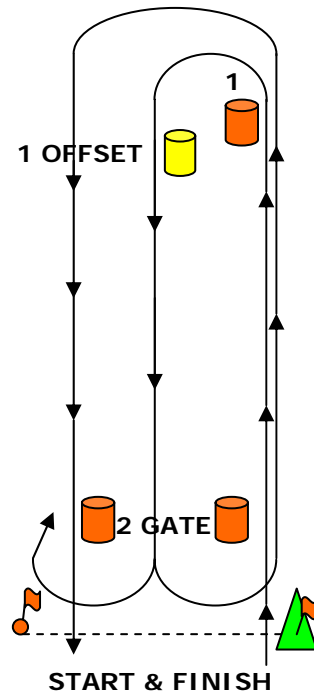
23. Disclaimer of Liability.

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.



SAILING INSTRUCTIONS

ATTACHMENT 1 : Course



Course: WINDWARD – LEEWARD

Start – 1(port) – 1 Offset (port) – 2(Gate*) – 1(port) – 1 Offset (port) – Finish
 (*): Boats shall cross the gate from the previous mark and round one of the gate marks. This modify RRS 28.1

Marks features:

Mark 1 and gate marks: inflatable orange cylinders

Mark 1 Offset: inflatable yellow cylinder

Changing mark: inflatable orange cylinder with a blue band on top.

Blanes, 29th March 2008